

WORKOUT for St. Jude



APRIL 13-14, 2013

EVENTS INCLUDE:

5K Run
Art-to-Heart
Hula-Hoop Dancing Demo
Zumbatomics for Kids
Core Barre Plus
Zumba Dance-a-thon
Spin-de-Cure
Let's Get Movin- Yoga and Storytime for Kids
Yoga Mala

For more information on how to participate
please call or visit our website

thrive

FITNESS • WEIGHT LOSS • COMMUNITY • FOR WOMEN

75 Portsmouth Ave

Exeter, NH 03833

603-772-3881

www.thriveforwomen.com

Poster Sponsors:

GATCHELL
EXCAVATION
679-2668

Printing sponsored by
Infinite Imaging
Creative Design. Expert Printing.